

Anger Management Institute

WEBINAR PROVIDES:

- 12—NBCC CE HOURS, ACEP #6577
ACCEPTED BY NAADAC
- 13—IAODAPCA CEUS
- 13—NAMA CEUS
- 12—TEXAS STATE BOARD CEUS FOR LPCs

WEBINAR—Workshop:

Participants will receive ZOOM Room ID and Password one week prior to workshops.

Questions? Contact joannadarling4@gmail.com

This Webinar- Workshop is Approved and Endorsed by the National Anger Management Association (NAMA)

To receive NAMA certification: After completing this webinar participant will submit fee and application directly to NAMA

Sponsor:

Anger Management Institute

1200 Harger Road,

Suite 602

Oak Brook IL 60523

www.whatsgoodaboutanger.com

630-368-1880

ANGER MANAGEMENT INSTITUTE

TRAINER-SPECIALIST 2-DAY CERTIFICATION WEBINAR VIRTUAL PRESENTATION MARCH 4-5, 2021

THE CURRICULUM IS RESEARCH-BASED AND SYNTHESIZES MATERIAL FROM THE WHAT'S GOOD ABOUT ANGER? BOOK AND TRAINER'S MANUAL. WORKSHOP PARTICIPANTS QUALIFY TO OBTAIN "CERTIFIED ANGER MANAGEMENT SPECIALIST-I OR II" CREDENTIAL *and* become members of the National Anger Management Association (NAMA).

**INCLUDES TRAINING TO QUALIFY FOR NAMA
"CERTIFIED ANGER MANAGEMENT SPECIALIST-I OR II";
TRAINING BINDER, BOOK, ASSESSMENT TOOLS,
LEADER'S GUIDE, CEs/CEUs, HAND-OUTS, RESOURCES**

Most people believe that anger is a negative emotion from which no good can come. This Trainer-Specialist certification program based on the revised editions of "What's Good About Anger?" and the Trainer's manual provides a fresh perspective on anger and how anger—which is part of the human experience—can be **put to work for good**. Outcome studies on the Anger Management Institute groups demonstrate that the programs are 'evidence-based'. We will look at trauma, and how experiencing a crisis can trigger anger and its expression. Clinicians can assist their clients with understanding the effects of a trauma on their psychological and physical functioning and teach client's skills that will mitigate the expression of inappropriate anger.

Who Should Attend?

Counselors, social workers, marriage and family therapists, addictions counselors, educators, law enforcement officers, coaches, health professionals, pastors and leaders are becoming certified to provide anger management services. Those completing this course may offer anger management education, classes, and groups - awarding certificates to court, school or employer ordered individuals.

What will you learn?

- Tools for teaching anger management
- DSM disorders associated with anger, contraindications
- Assessment process and treatment planning
- How to defuse anger and hostility
- Role of emotional intelligence
- Empirically-based strategies for motivating clients

Cancellation Policy: Refunds can be made only if requested in writing to: Lynette Hoy, NCC, LCPC, CounselCare Connection P.C., 1200 Harger Rd., Suite 602, Oak Brook, IL 60523 and postmarked no later than 12 business days prior to workshop. Refunds are subject to a \$25 service charge. One person may substitute for another on the condition that a letter from the original registrant authorizing the substitution accompanies the new registrant. In the event that CCC finds it necessary to cancel this course for any reason beyond our control, notice will be given to all registrants as soon as possible and a complete refund of registration fees paid will be given to all registrants affected. CCC reserves the right to substitute a qualified presenter should an emergency or sickness impact the scheduled presenter.

Anger Management Institute Trainer-Specialist Certification Webinar Workshop

Sponsored by: Anger Management Institute

LOCATION: THIS WEBINAR WILL BE PRESENTED VIRTUALLY ON THE ZOOM PLATFORM

NOTE: PARTICIPANTS NEED DEVICE WITH VIDEO AND AUDIO CAPABILITY TO ACCESS WEBINAR

Presenters: Seigel Bartley, PhD, LPC-S, CAMS-V; Natalie Ford, PhD, LPC, CPCS, CAMS-III; Lynette J. Hoy, NCC, LCPC, CAMS-V

March 4, 2021 8:15a - 4:45p

Overview of *What's Good About Anger*:

The problem of anger, manifestations and triggers, when anger is harmful or helpful

Current Brain Research and Anger Management Physiology

Anger management group and individual assessment inventories:

Anger survey, evaluation, progress tools and ethical guidelines for anger management providers, (DSM) associated with anger problems, Contraindications for anger management treatment

Empirically Supported Psycho-educational Treatments for Anger Control Problems with Crisis & Trauma emphasis:

Assertiveness, time-out, problem- solving, conflict management, forgiveness interventions,

Strategies for increasing motivation of (court-ordered) resistant clients

March 5, 2021 8:30a – 4:45p

Empirically Supported Cognitive Treatments for Anger Control Problems :

Overview of Emotional Intelligence and Developing Empathy for Managing Anger

Empirically Supported Calming and Coping Treatments for Anger Control Problems

Motivational Interventions and Social Problem-Solving Approaches (role-play)

Assessment and Referral for Major Mental Health Disorders

Managing Behavior and Defusing Hostility: Dealing with difficult behavior and hostility in treatment of individuals/groups

Application of 'Evidence-Based' Treatment Planning for Anger Control Problems with emphasis on crisis & trauma issues

- break for lunch *both days* -

Check appropriate box below for payment:

Registration Fee through February 1, 2021, 6p _____ \$425 (plus \$20 ship fee of training binder)

Registration Fee after February 1, 2021, 6p _____ \$450 (plus \$20 ship fee of training binder)

Register Online at www.whatsgoodaboutanger.com Deadline for all registrations: February 25, 2020 or until event is full

***Provided:** 12 NBCC CE hours — ACEP #6577 (accepted by NAADAC & many state Social Work boards)

- 12 CEUs Texas State Board for LPCs #2686

-13 CEUs IAODAPCA #14282

- 13 CEUs NAMA #102

Indicate here CEU/CEs you need: _____

"The Anger Management institute has been approved by NBCC as an Approved Continuing Education Provider. ACEP No. 6577. Programs that do not qualify for NBCC credit are clearly identified. Anger Management Institute is solely responsible for all aspects of the programs."

***How to receive official NAMA certification:** Participants will be provided a membership application upon completion of the workshops. NAMA application with fee (\$125 for CAMS-I or \$150 for CAMS II) completed on NAMA website.

LCPCs, CADCs, LCSWs, LMFTs, PhDs, Certified Coaches and some others (upon approval) qualify for CAMS-II.

Checks Payable to: CounselCare Connection, PC or Anger Management Institute

Mail Checks to: Lynette Hoy, 1200 Harger Rd. Suite 602, Oak Brook, IL 60523 **before February 14, 2021**

NAME OF PARTICIPANT _____

PARTICIPANT ADDRESS _____ CITY _____ STATE _____ ZIP _____

PHONE () _____ EMAIL _____

Fill in billing information if paying by Visa or Mastercard (accepting credit card payments thru Feb. 28, 2021 or **until event is full**):

Name _____

Address (billing) _____

City _____ State _____ Zip _____

Phone () _____ Email _____

Credit Card # _____ CSV code: _____

Expiration Date _____ Total Amount \$ _____ Fax registration to: 630-530-2066 or

Email to: joandarling4@gmail.com or mail to:

Lynette Hoy, Anger Management Institute, 1200 Harger Road, Suite 602, Oak Brook, IL 60523

Questions: 630-368-1880