Anger Management Institute

WORKSHOPS PROVIDE:

- **12- NBCC CE HOURS, ACEP #6577**
- **12- NASW CEUs**
- **12- NAADAC CEUs**
- **13- IAODAPCA CEUs**
- **13- NAMA CEUs**

LOCATION:
Lewis University
1111 West 22nd Street
Suite 700
Oak Brook, IL 60523

Airport: Chicago O'Hare

Hotel: Reserve at the Marriott Residence Inn for the Anger Management Institute group discount. 630-571-1200

Other Hotel information emailed upon registration.

Questions? Contact JoAnn Darling 765.404.5232

Workshops are Approved and Endorsed by the National Anger Management Association (NAMA)

To receive NAMA certification: After completing this workshop attendees will submit NAMA membership application with fee directly to NAMA.

Anger Management Institute
1200 Harger Road Suite 602
Oak Brook IL 60523
www.whatsgoodaboutanger.com

ANGER MANAGEMENT INSTITUTE

TRAINER - SPECIALIST 2017 TWO-DAY CERTIFICATION WORKSHOPS

MARCH 23-24, 2017

THE CURRICULUM IS RESEARCH-BASED AND SYNTHESIZES MATERIAL FROM THE WHAT'S GOOD ABOUT ANGER? BOOK AND TRAINER'S MANUAL. WORKSHOP PARTICIPANTS QUALIFY TO OBTAIN "CERTIFIED ANGER MANAGEMENT SPECIALIST-I OR II" CREDENTIAL *and* become members of the National Anger Management Association (NAMA). NAMA Fee Extra.

Most people believe that anger is a negative emotion from which no good can come. This Trainer-Specialist certification program based on the revised Editions of "What's Good About Anger?" and the Trainer's manual provides a fresh perspective on anger and how anger—which is part of the human experience—can be ***put to work for good.*** Outcome studies on the Anger Management Institute groups demonstrate that the programs are 'evidence-based'

Who Should Attend?
Counselors, social workers, marriage and family therapists, addictions counselors, educators, law enforcement officers, coaches, health professionals, pastors and leaders are becoming certified to provide anger management services. Those completing this course may offer anger management education, classes, and groups - awarding certificates to court, school or employer ordered individuals.

What will you learn?

-Tools for teaching anger management
-DSM disorders associated with anger, contraindications
-Assessment process and treatment planning
-How to defuse anger and hostility
-Role of emotional intelligence
-Empirically-based strategies for motivating clients
-When anger is helpful or harmful

Presenters: Lynette Hoy, NCC, LCPC, CAMS-V; Steve Yeschek, LCSW, CAMS-IV; Glen Cannon, LCPC, CADC, CAMS IV; Jeff Darling, LCSW, CAMS-IV

INCLUDES TRAINING TO QUALIFY FOR NAMA *CERTIFIED ANGER MANAGEMENT SPECIALIST-I OR II (CERTIFICATION FEE EXTRA);*
TRAINING BINDER, BOOK, ASSESSMENT TOOLS, LEADER'S GUIDE, CEs/CEUs, HAND-OUTS, RESOURCES

Cancellation Policy: Refunds can be made only if requested in writing to: Lynette Hoy, NCC, LCPC, CounselCare Connection P.C., 1200 Harger Rd., Suite 602, Oak Brook, IL 60523 and postmarked no later than 7 business days prior to workshop. Refunds are subject to a $25.00 service charge. One person may substitute for another on the condition that a letter from the original registrant authorizing the substitution accompanies the new registrant. In the event that CCC finds it necessary to cancel this course for any reason beyond our control, notice will be given to all registrants as soon as possible and a complete refund of registration fees paid will be given to all registrants affected. CCC reserves the right to substitute a qualified presenter should an emergency or sickness impact the scheduled presenter.

Anger Management Institute Trainer-Specialist 2017 Certification Workshops

Anger Management Institute—National Anger Management Association* (NAMA)

LOCATION: LEWIS UNIVERSITY, 1111 W. 22ND ST., SUITE 700, Oak Brook, Illinois

Presenters: Lynette J. Hoy, NCC, LCPC, CAMS-V; Steve Yeschek, LCSW, CAMS-IV; Glen Cannon, LCPC, CAMS-IV; Jeff Darling, LCSW, CAMS-IV

March 23, 2017 8:30a - 4:45p

Overview of *What's Good About Anger:*
The problem of anger, manifestations and triggers, when anger is harmful or helpful
Current Brain Research and Anger Management Physiology
Empirically Supported Psycho-educational Treatments for Anger Control Problems:
Assertiveness, time-out, problem- solving, conflict management, forgiveness interventions
Strategies for increasing motivation of (court-ordered) resistant clients
Empirically Supported Cognitive Treatments for Anger Control Problems:
Empirically Supported Calming and Coping Treatments for Anger Control Problems

March 24, 2017 8:30a – 4:45p

Overview of Emotional Intelligence and Developing Empathy for Managing Anger
Motivational Interventions and Social Problem-Solving Approaches (role-play)
Assessment and Referral for Major Mental Health Disorders
Anger management group and individual assessment inventories
Anger survey, evaluation, progress tools and ethical guidelines for anger management providers
(DSM) associated with anger problems, Contraindications for anger management treatment
Managing Behavior and Defusing Hostility: Dealing with difficult behavior and hostility in treatment of individuals/groups
Application of 'Evidence-Based' Treatment Planning for Anger Control Problems with individuals/groups

- LUNCH INCLUDED BOTH DAYS -

Registration Fee *through* Mar 2, 2017, 6p_____ $450

Registration Fee *after Mar 2*, 2017, 6p _____ $475

Register Online at www.whatsgoodaboutanger.com (Deadline for all registrations: March 17, 2017)

***Provided:** 12 **NBCC** CE hours— ACEP #6577 -12 CEUs **NASW** -13 CEUs by ****IAODAPCA** for 2 day workshops
Which CEU/CE certificate(s) will you need:_____ **2nd CEU/CE certificate**_____
****IAODAPCA CEUS #12978 approved for:** PCGC II, CCJP II, Counselor II, Preventionist II, CARS II, MISA I or II, CAAP II, CRSS I or II, MAATP II, CFPP II

"The Anger Management institute has been approved by NBCC as an Approved Continuing Education Provider. ACEP No. 6577. Programs that do not qualify for NBCC credit are clearly identified. Anger Management Institute is solely is responsible for all aspects of the programs."

***How to receive official NAMA certification:** Participants will be provided a membership application upon completion of the workshops. Fax application with fee ($125 for CAMS-I or $150 for CAMS II) directly to NAMA. LCPCs, CADCs, LCSWs, LMFTs, PhDs, Certified Coaches and some others (upon approval) qualify for CAMS-II.

Checks Payable to: CounselCare Connection, PC or Anger Management Institute (we can only accept checks prior to March 1, 2017).

NAME OF PARTICIPANT_____
PARTICIPANT ADDRESS_____CITY_____STATE _____ZIP_____
PHONE ( )_____ EMAIL_____

Fill in billing information if paying by Visa or Mastercard (accepting credit card payments thru March 17, 2017):

Name_____
Address (billing)_____
City_____ State _____ Zip_____
Phone ( )_____ Email_____
Credit Card #_____ CSV code: _____
Expiration Date_____ Total Amount $_____ Fax registration to: 630-530-2066 or
Email: joanndarling4@gmail.com or mail: Lynette Hoy, Anger Management Institute, 1200 Harger Road, Suite 602, Oak Brook, IL 60523