

Anger Management Institute

THE 2-DAY WORKSHOPS PROVIDE:

- 12—NBCC CE HOURS, ACEP #6577. NBCC CE HOURS ACCEPTED BY NAADAC & TEXAS STATE BOARD FOR SOCIAL WORKERS, MARRIAGE & FAMILY THERAPISTS AND PROFESSIONAL COUNSELORS
- NAMA: CAMS-S, I OR II

LOCATION:

Dallas Baptist University
2805 North Dallas Parkway,
Suite 450
Plano TX 75093
(214) 333-5777
Airport: Dallas/Fort Worth

Hotels:

Holiday Inn Express:
3101 North Dallas Parkway
Plano TX
866-460-7456

For workshop registration call
JoAnn Darling (765) 404-5232

**Workshops are approved
and endorsed by the
National Anger Management
Association (NAMA)**

To receive NAMA Certification:

Upon completion of this workshop attendees will submit a NAMA CAMS-I or II membership application with fee directly to NAMA.

Sponsored by :

Anger Management Institute
1200 Harger Road Suite 602
Oak Brook IL 60523
www.whatsgoodaboutanger.com

ANGER MANAGEMENT INSTITUTE TRAINER - SPECIALIST CERTIFICATION WORKSHOPS OCTOBER 1-2, 2018 PLANO, TX

THE CURRICULUM IS RESEARCH-BASED AND SYNTHESIZES MATERIAL FROM THE “WHAT’S GOOD ABOUT ANGER?” BOOK AND TRAINER’S MANUAL. WORKSHOP PARTICIPANTS QUALIFY FOR THE NATIONAL ANGER MANAGEMENT ASSOCIATION (NAMA) “CERTIFIED ANGER MANAGEMENT SPECIALIST-S, I OR II” CREDENTIAL. *NAMA membership fee additional.

Most people believe that anger is a negative emotion from which no good can come. This Trainer-Specialist certification program based on the 2016 Edition of “What’s Good About Anger?” and Trainer’s manual provides a fresh perspective on anger and how anger—which is part of the human experience—can be **put to work for good**. The Anger Management Institute teaches empirically supported interventions and skills. Completed outcome studies show that the “What’s Good About Anger?” program is evidence-based.

Who Should Attend?

Counselors, mental health workers, social workers, addictions counselors, educators, law enforcement officers, students, pastors, health professionals and leaders are seeking certification to provide anger management services. Participants completing this course qualify for the credentials to offer anger management education, classes, and groups for people needing to control anger and can provide certificates for court-ordered individuals.

What will you learn?

- ...Overview of anger and anger management
- ...DSM disorders associated with anger, contraindications for treatment
- ...Assessment process and treatment planning
- ...How to defuse anger and hostility
- ...The critical role of emotional intelligence
- ...Empirically-based strategies for managing anger and motivating clients
- ...When anger is helpful or harmful. *Read full schedule on back

Presenters: Seigel Bartley, PhD, LPC-S, CAMS-V; Joe Cook, PhD, LPC-S, CAMS-IV. Dr. Bartley and Dr. Cook are NAMA Supervisors, Consultants, and Diplomates and each is credentialed as a Certified Anger Management Specialist—IV or V.

INCLUDES: TRAINING BINDER, BOOK, ASSESSMENT TOOLS, LEADER’S GUIDE, WORKSHOP CERTIFICATE OF COMPLETION AND LUNCH BOTH DAYS. MEETS REQUIREMENTS FOR CERTIFICATION AS A NAMA CERTIFIED ANGER MANAGEMENT SPECIALIST-S (STUDENT), I OR II AND 12 NBCC CE CLOCK HOURS.

Cancellation Policy: Refunds can be made only if requested in writing to: Lynette Hoy, NCC, LCPC, CounselCare Connection P.C., 2000 Spring Rd., Suite 603, Oak Brook, IL 60523 and postmarked no later than 7 business days prior to workshop. Refunds are subject to a \$25.00 service charge. One person may substitute for another on the condition that a letter from the original registrant authorizing the substitution accompanies the new registrant. In the event that CCC finds it necessary to cancel this event for any reason beyond our control, notice will be given to all registrants as soon as possible and a complete refund of registration fees paid will be given to all registrants affected. CCC reserves the right to substitute a qualified presenter should an emergency or sickness impact the scheduled presenter.

Anger Management Institute Trainer-Specialist Certification Workshops

Anger Management Institute approved by the National Anger Management Association
Dallas Baptist University, (Plano Campus) 2805 North Dallas Parkway, Suite 450
Plano TX 75093

Presenters: Seigel Bartley, PhD, LPC-S, CAMS-V and Joe Cook, PhD, LPC-S, CAMS-IV

October 1, 2018 8:30a — 4:30p (lunch on your own both days)

Overview of *What's Good About Anger*: The problem of anger, manifestations and triggers, when anger is harmful or helpful
Current Brain Research and Anger Management Physiology

Empirically Supported Psycho-educational Treatments for Anger Control Problems:

Assertiveness, time-out, problem-solving, conflict management, forgiveness, and Strategies for increasing motivation of (court-ordered) resistant clients/students

Empirically Supported Cognitive Treatments for Anger Control Problems: Cognitive Restructuring Interventions

Empirically Supported Calming and Coping Treatments for Anger Control Problems: Stress Management and Relaxation I

October 2, 2018 8:30a — 4:30p

Overview of Emotional Intelligence and Developing Empathy for Managing Anger

Anger Management Group and Individual Assessment Inventories

Anger survey, evaluation, pre/post test and progress tools. Ethical guidelines for anger management providers

Assessment and Referral for Major Mental Health Disorders (DSM) associated with anger problems

Contraindications for anger management treatment

Managing Behavior and Defusing Hostility: Dealing with difficult behavior and hostility in treatment of individuals and groups. Application to real-life scenarios

Overview of Motivational and Problem-solving Approaches and Principles: Video of Problem-Solving Approach

Application of Evidence-Based Treatment Planning for Anger Control Problems with Clients/Groups

COMPLETE THE FOLLOWING FORM - SPACE IS LIMITED - 2018 REGISTRATION DEADLINE - SEPT.25TH: 6P FEES THROUGH SEPT 8, 6P:

FEE FOR ALL (LEADERS /PROFESSIONALS): _____ \$350
DBU STUDENTS _____ \$200 DBU ALUMNI _____ \$250 *INCLUDE COPY (SCAN/FAX) OF STUDENT/ALUM ID

FEES AFTER SEPT 8, 6P:

FEE FOR ALL (LEADERS /PROFESSIONALS): _____ \$400
DBU STUDENTS _____ \$225 DBU ALUMNI _____ \$290 *INCLUDE COPY (SCAN OR FAX) OF STUDENT/ALUM ID

*NAMA MEMBERSHIP FEE NOT INCLUDED

REGISTER ONLINE: WWW.WHATSGOODABOUTANGER.COM

CHECK IF NEED NBCC CE CERTIFICATE: _____ 12- NBCC CE HOURS AWARDED. ACEP PROVIDER #6577

NOTE: NBCC CE HOURS ACCEPTED BY NAADAC FOR ADDICTIONS COUNSELORS AND BY THE TEXAS STATE BOARD FOR SOCIAL WORKERS, MARRIAGE AND FAMILY THERAPISTS AND PROFESSIONAL COUNSELORS.

"THE ANGER MANAGEMENT INSTITUTE HAS BEEN APPROVED BY NBCC AS AN APPROVED CONTINUING EDUCATION PROVIDER. ACEP No. 6577. PROGRAMS THAT DO NOT QUALIFY FOR NBCC CREDIT ARE CLEARLY IDENTIFIED. ANGER MANAGEMENT INSTITUTE IS SOLELY RESPONSIBLE FOR ALL ASPECTS OF THE PROGRAMS."

CHECKS PAYABLE TO "ANGER MANAGEMENT INSTITUTE" AND ACCEPTED UNTIL 9/11/18 ONLY

NAME OF PARTICIPANT _____
PARTICIPANT ADDRESS _____ CITY _____ STATE _____ ZIP _____
PHONE () _____ EMAIL _____

FILL IN BILLING INFORMATION IF PAYING BY VISA OR MASTERCARD. PAYMENT MUST BE RECEIVED BY SEPT. 25, 2018:

Name (full): _____ (print clearly)

Address (billing): _____

City: _____ State: _____ Zip: _____

Phone: () _____ Email: _____

Credit card #: _____ CSV code: _____ Expiration date: _____

Amount total: _____ **Fax to** 630-530-2066 **Call** JoAnn Darling to register: (765) 404-5232 **or mail / fax form to:**
Lynette Hoy • 1200 Harger Road, Suite 602 • Oak Brook, IL 60523 . FAX: 630-530-2066